

JANUARY 2020 - Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
EEC Lunch <i>MENUS ARE SUBJECT TO CHANGE</i>				
WINTER RECESS – Happy Holidays				
		1-1	1-2	1-3
			Beef & Cheese Taco Burrito Tangy Salsa Cup Fruit Cup	WG Pepperoni Pizza Wedge Waffle Cut Fries Frozen Peach Pop
1-6	1-7	1-8	1-9	1-10
Bean & Cheese Chimichanga - V Crispy Potato Smiles Fruit Cup	WG Pepperoni Pizza Wedge Cooked Baby Carrots Frozen Juice Cup	Café LA Burger Fresh Garden Salad Fruit	Salisbury Steak & Mashed Potatoes Cornbread Fruit Cup	Taco Bean Dip Cornbread Tangy Salsa Cup Frozen Peach Pop
1-13	1-14	1-15 <i>Mow!</i>	1-16	1-17
Bean & Cheese Pupusa - V Cooked Baby Carrots Fruit Cup	Philly Cheese Steak Sandwich Fresh Garden Salad Frozen Juice Slush	Turkey & Mashed Potato Bowl Cornbread Fruit	Nacho Pretzel Pocket Tangy Salsa Cup Fruit Cup	Teriyaki Beef Dipper Rice Bowl Broccoli Buds Fruit
1-20	1-21	1-22	1-23	1-24
MARTIN LUTHER KING, JR. DAY	Homestyle Chicken Tenders Mini Potato Tots Frozen Juice Slush	WG Pepperoni Pizza Wedge Ruffle Fries Fruit	Café LA Burger Fresh Garden Salad Fruit Cup	Cherry Blossom Chicken Bowl Broccoli Buds Frozen Peach Pop
1-27	1-28	1-29	1-30	1-31
Whole Grain Cheese Pizza Wedge - V Cooked Baby Carrots Fruit Cup	Mesquite BBQ Pork Sandwich Fiesta Pinto Beans or Campfire Baked Beans Frozen Juice Slush	Crispy Chicken Sandwich Cooked Baby Carrots Fruit	Mama's Meatball Sub Waffle Cut Fries Fruit Cup	Salisbury Steak & Mashed Potatoes Cornbread Fruit

Daily Got Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free

All of the Grain/Bread items served are Whole Grain Rich.

V: Vegetarian items

** Farm Fresh Fruits: Apple, Orange, Banana

Daily Vegetarian Options: Deli Cheese Sandwich, Toasted Cheese Sandwich